

## 1. Our Projects and Partners

- ✓ Our first major research project: Best Practices for Working with Homeless Immigrants and Refugees (2003-2004)
- ✓ Number of research projects we have completed: 28
- ✓ Total amount of grants received to date: \$ 1.7 million
- ✓ Number of academic partners we have worked with: 16
- ✓ Number of community/policy partners we have worked with : over 40
- ✓ Our areas of research: *Homeless Immigrants and Refugees, Health and Pathways to Regularization for Non-status Communities, Impact of Racism/Racialization on Health, Labor market barriers and precarious employment, Migration and Diabetes, Access to Cancer Screening, Mental health of Vulnerable Immigrants and Refugees, Health of Newcomer and Refugee youth, Impacts of cuts to healthcare, Linguistic Barriers to Care, Pre and Postnatal Health, Green Living Practices among Newcomers.*

## 2. Our Training and Capacity Building Work

- ✓ Number of peer researchers we have trained and worked with: 78
- ✓ Number of students we have hosted: over 50
- ✓ Hours of research training we have delivered: over 800
- ✓ Number of CBR tools and evidence-based planning tools we have developed: over 60
- ✓ Our CBR toolkits:
  - i. *Community Based Research Toolkit: Resources for Doing Research for Social Change*
  - ii. *Everyone can do Research: Plain language guide to doing research.*

## 3. Our Knowledge Exchange and Policy Work

- ✓ Our peer-reviewed publications: 15
- ✓ Our other research publications: over 40
- ✓ Total number of public/plain language products (e.g. Op-Ed, blog posts, public education films, fact sheets, toolkits, resource guides): over 30
- ✓ Total number conference presentations and invited workshops/seminars: over 200
- ✓ Utilization of our evidence in Policy/Advocacy work: *15 and Fairness campaign, Paid Sick Days campaign, Submission to Changing Workplaces Review, Submission to Patient First Consultation, Submission to City of Toronto Poverty Reduction Strategy, Ontario Racial Justice Report Card, City of Toronto Board of Health reports (e.g Racialization and Health Inequities, Health Impacts of Reduced Federal Health for Refugees, Medically Uninsured Residents of Toronto), submissions by others organizations to various government committees including House of Commons Standing Committee on Finance, Senate Committee on Social Affairs, Science and Technology.*

## 4. Some of our Recent Publications

### a. Newcomer Health

Access Alliance Multicultural Health and Community Services and Toronto Public Health (2011). *The Global City: Newcomer Health in Toronto*. Toronto: Toronto Public Health.

### b. Employment/Income Security and Health

Access Alliance Multicultural Health and Community Services (2014). *Like Wonder Women, Goddesses and Robots: how immigrant women are impacted by respond to precarious employment.* Toronto: Access Alliance Multicultural Health and Community Services.

Premji,S., Shakya,Y., Spasevski,M., Merolli, J., Athar S, & Immigrant Women and Precarious Core Research Group. (2014). Precarious Work Experience of Racialized Immigrant Women in Toronto: A Community Based Study. *Just Labour. A Canadian Journal of Work and Society.*22(3): 122-143.

Access Alliance Multicultural Health and Community Services (2012). *Where are the Good Jobs?: Ten case stories of 'working rough, living poor.'* Toronto: Access Alliance Multicultural Health and Community Services.

Wilson, R.M., Landolt, P., Shakya, Y. B., Galabuzi, G-E., Zahoorunisa, Z., Pham, D., Cabrera, F., Dahy, S, and M-P, Joly. (2010). *Working Rough, Living Poor: Employment and Income Insecurities faced by Racialized Groups in the Black Creek Area and their Health Impacts*. Toronto: Access Alliance Multicultural Health and Community Services. (plus 4 Research Bulletins).

### c. Mental Health

Khanlou, N., Shakya, Y. B., Islam F. and E Oudeh.(2014). Newcomer Youth Self-Esteem: A Community-Based Mixed Methods Study of Afghan, Columbian, Sudanese and Tamil Youth in Toronto, Canada. In L. Simich & L. Andermann (Eds.), *Refuge and resilience: Promoting resilience and mental health among resettled refugees and forced migrants* (pp. 109 -129). New York, USA: Springer.

Ahmad, F., Shakya Y. B., Li. J. Khoaja K., Norman C., Lou W., Abuelaish. I., and H. M. Ahmadzi (2012). A Pilot with Computer-assisted Psychosocial Risk –assessment for Refugees. *BMC Medical Informatics and Decision Making* 12:71

Shakya, Y. B., Khanlou, N., and Gonsalves, T. (2010). Determinants of Mental Health Newcomer Youth: Policy and Service Implications. *Canadian Issues: Immigrant Mental Health*. Summer 2010: 98-102.

Wilson, R. M., Murtaza, R. and Y. B. Shakya (2010). Pre-migration and Post-migration Determinants of Mental Health for Newly Arrived Refugees in Toronto. *Canadian Issues: Immigrant Mental Health*. Summer 2010: 45-50.

### d. Chronic Health Issues

Hyman I., Gucciardi, E., Patychuk D., Rummens JA, Shakya Y, Kljubic D, Bhamani M, Boqaileh F (2014). Self-management, health service use and information seeking for diabetes care among Black Caribbean immigrants in Toronto. *Can J Diabetes*. 38(1):32-7

Hyman I., D. Patychuk, Q. Zaidi, Y.B. Shakya, J. A. Rummens, M. Creatore, and B. Visandjee. (2012).Self- management, health service use and information seeking for diabetes care among recent immigrants in Toronto. *Chronic Diseases in Canada*. 33(1): 12-8.

Wiedmeyer M,Lofters A, Rashid M (2012). Cervical cancer screening in vulnerable women: factors affecting guideline adherence at a Toronto Community Health Centre. *Canadian Family Physician*. 58(9):e521-526.

### e. Social Determinants of Health for Refugee Youth (Education, Family Relationship)

Guruge, S, Hynie, M, Shakya, Y, Akbari, A, Htoo, S, Stella A (2015). Refugee Youth and Migration: Using Arts-Informed Research to Understand Changes in Their Roles and Responsibilities. *Forum Qualitative Social Research*. 16(3)

Shakya, Y. B., Guruge, S., Hynie, M., Htoo, S., Akbari, A., Jandu, B., Spasevski, M., Berhane, N., & Forster, J. (2014). Newcomer refugee youth as 'resettlement champions' for their families: Vulnerability, resilience and empowerment. In L. Simich & L. Andermann (Eds.), *Refuge and resilience: Promoting resilience and mental health among resettled refugees and forced migrants* (pp. 131 -154). New York, USA: Springer.

Hynie, M., Shakya, Y., & Guruge, S. (2012). Intergenerational relationships through the eyes of Afghan, Karen and Sudanese refugee youth in Canada: Role reversal or resettlement champions? *Journal of Canadian Ethnic Studies*, 44 (3), 11-28.

Shakya, Y. B., Guruge, S, Hynie, M., Akbari, A, Malik, M., Htoo, S., Khogali, A., Mona, S. A., Murtaza, R., and S. Alley (2011). Educational Aspirations among Newcomer Refugee Youth in Toronto: Expectations, Challenges and Strategies. *Refuge* 27(2): 65-78