

Access Alliance Releases New Films Linking Insecure Employment to Health Problems

FOR IMMEDIATE RELEASE:

(Toronto, ON) **September 4, 2013:** Access Alliance Multicultural Health and Community Services has released two new short evidence-based films that make the connection between insecure employment and health: “Bad Jobs are Making Us Sick” and “Just Wait for our Call: The impact of temp agency work on health”.

“**Bad Jobs are Making Us Sick**” draws on research participant quotes to tell a powerful story of how insecure jobs affect individuals and families. “**Just Wait for our Call: The impact of temp agency work on health**” features interviews with temp agency workers, advocates, researchers and service providers and calls on policymakers to take action to address the health effects of temp agency work on racialized newcomers.



These films show how newcomers in Toronto are working hard to keep their families healthy, while insecure jobs create more health problems. Low paying jobs with unreliable hours make it hard for families to cover basic expenses like rent and food. Insecure jobs often aren't leading to stable jobs: people get trapped in a cycle of insecure, temporary work.

“Insecure employment leads to increased health care costs, lost tax revenue, and loss of community

involvement. The films are part of a Knowledge to Action Initiative to spark awareness and action on this research evidence, especially with policy makers”, says Axelle Janczur, Executive Director of Access Alliance.

The films are based on research from the Income Security, Race, and Health group. Links to the films and more information are available at www.accessalliance.ca/knowledge-to-action . DVDs are also available. Funding provided by the Toronto Arts Council and the Access, Equity & Human Rights Investment Program.

- 30 -

Access Alliance Multicultural Health and Community Services works to promote health, wellbeing and improved access to services for immigrants and refugees in Toronto. From three locations in the city, we offer resources, provide links, conduct research and build capacity to enable individuals, families and communities to achieve health with dignity. Our range of programs, services, advocacy and partnerships address medical, social, economic, environmental, settlement and integration issues for immigrants of all ages at all stages of their life. Find out more about our work at: www.accessalliance.ca.

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