

LGBTQ+ Resources for Referral, Training and Capacity Building

Please note: All resources are based in Toronto, Ontario, Canada. This list is not an exhaustive one; instead, these contacts are ones that we feel may be useful for others in the implementation of Expressive Arts Groups with LGBTQ+ Newcomers.

Type of Service	Name	Description	Contact Information	Website	Other Information
<i>Counseling Services</i>	The 519 Church Street Community Centre	<ul style="list-style-type: none"> • Short-term counseling 	519 Church St. 416-392-6874	www.the519.org	Provide 6 counseling sessions and then referrals for follow-up
	David Kelley LGBTQ Counseling Program	<ul style="list-style-type: none"> • Counseling for Individuals, Couples and Families 	355 Church St. 416-595-9618	www.familyserVICEToronto.org	Short-term counseling
	Women's Counselling Referral and Education Centre	<ul style="list-style-type: none"> • Counseling for low-income women • Free referrals variety of resources 	489 College St., Suite 303B 416-534-7501	www.wcrec.org/welcome/home.htm	Short-term counseling (16 weeks max)
<i>Health and Counseling Services</i>	Access Alliance Multicultural Health and Community Services	<ul style="list-style-type: none"> • Primary health care services • Mental health and social work services • Individual counseling • Settlement services (LGBTQ Settlement Counselor) • Community health programs for LGBTQ newcomers and refugees. 	Downtown Office 340 College St. 416-324-8677	www.accessalliance.ca	East Office 3040 Danforth Ave., Unit 6 416-693-8677 West Office 761 Jane St., Suite 200B, 760-8677
	Hassle Free Clinic	<ul style="list-style-type: none"> • Primary health care service • Counselling services 	66 Gerrard St. E., 2nd floor Women's Clinic: 416-922-0566 Men's Clinic: 416-922-0566	www.hasslefreeclinic.org	Transgender and transsexual clients are welcome at both the women's and the men's clinic.

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	Sherbourne Health Centre	<ul style="list-style-type: none"> Primary health care services Mental health counseling Support Groups for LGBTQ people LGBTQ services and programs for youth, parents and families 	333 Sherbourne St. Health Services: 416-324-4180 LGBTQ Services: 416-324-4103	www.sherbourne.on.ca/	Gender Supportive workshops and groups for LGBT people (Ex. Gender Journeys and The B-Side: Exploring Sexuality)
	Women's Health in Women's Hands	<ul style="list-style-type: none"> Primary health care services, counseling and programs for Black Women and Women of Colour from the Caribbean, African, Latin American and South Asian communities 	2 Carlton St, Suite 500 General Inquiries: 416-593-7655 Clinical Services: 416-593-7655, x 7 info@whiwh.com	www.whiwh.com	
LGBTQ+ Programs	The 519 Church Street Community Centre*	<ul style="list-style-type: none"> Wide variety of programs for youth, parents and families, trans men and women 	519 Church St. 416-392-6874	www.the519.org	Offer Trans-specific programs
	Fred Victor Centre*	<ul style="list-style-type: none"> Employment and Training Programs* 	248 Queen St. E. 416-364-8986	www.fredvictor.org/	Thrive! (trans-specific employment and training program) & trans-only time, contact organization for times
	<i>T-Girls Support Group *</i>	<ul style="list-style-type: none"> Support and educational group for transsexual and transgender women 	67 Adelaide St. E. 416-392-9292	www.fredvictor.org/womens_ services	Fred Victor centre offers many programs (see website for details)
Settlement Services and Newcomer Programs	CultureLink	<ul style="list-style-type: none"> Settlement Services LGBTQ Newcomer Youth Program 	2340 Dundas St. W., Suite 301 416-588-6288	www.culturelink.net/	
Specific Resources for Different Ethno-cultural	HOLA! Grupo Gay Latino	<ul style="list-style-type: none"> Meeting group that provides support, education, activism and cultural events for LGBTQ+ community members of Latin American Heritage 	416-925-5529 info@grupohola.ca		<ul style="list-style-type: none"> Meeting group at the 519 Church Street Community Centre

Type of Service	Name	Description	Contact Information	Website	Other Information
Groups	Iranian Queer Organization	<ul style="list-style-type: none"> Support of Iranian queer refugees Advocacy and human rights action 	135 Tyndall Ave., #503 416-407-5451 board@irqo.org	www.irqo.org/index.html	
	Iranian Railroad for Queer Refugees	<ul style="list-style-type: none"> Support Iranian gay, lesbian, bisexual and transgendered refugees all over the world. 	477 Sherbourne St. Suite 312 416-548-4171 info@irqr.net	www.irqr.net/	
	Mujeres Al Frente	<ul style="list-style-type: none"> Support group for LGBTIQ Women and Transwomen of Latin America 	mujeresalfrente_to@yahoo.ca	www.mujeresalfrente-to.blogspot.com	<ul style="list-style-type: none"> Blog is written in Spanish
	Salaam Queer Muslim Community - Toronto	<ul style="list-style-type: none"> Organization dedicated to the LGBTQ Muslim community. Offer support groups 	416-925-XTRA, x. 2209 salaam@salaamcanada.com	www.salaamcanada.com	
Training and Capacity – Building Programs	The 519 Church Street Community Centre *	Training Program: “Trans Access” <ul style="list-style-type: none"> Trans awareness workshops for range of service providers 	519 Church St. 416-392-6874	www.the519.org/programsservices/transprograms/transaccess	
	Positive Space Initiative	<ul style="list-style-type: none"> Training supports agencies in creating positive spaces 		www.positivespaces.ca/	<ul style="list-style-type: none"> ‘Starter Kit’, resources and trainings on website
	Public Health Alliance for LGBTTTIQQA Equity	<ul style="list-style-type: none"> Offer “Positive Space” training to a variety of organizations 		www.opha.on.ca/our_voice/workgroups/pha.shtml	<ul style="list-style-type: none"> “Positive Space” manual available on website
	Rainbow Health Ontario	<ul style="list-style-type: none"> Provide different training and education programs to improve the accessibility and quality of health care services for LGBT community members 	333 Sherbourne St., 2nd Floor 416.324.4100	www.rainbowhealthontario.ca/training/RHOtraining.cfm	<ul style="list-style-type: none"> Resources available on website
	Sherbourne Health Centre	<ul style="list-style-type: none"> Provides informational resources, training programs and community outreach activities for a variety of organizations working with LGBTQ+ people 	333 Sherbourne St. info@sherbourne.on.ca	www.sherbourne.on.ca/programs/hlthpromoactivities.html	

Type of Service	Name	Description	Contact Information	Website	Other Information
Women's Shelter	Fred Victor Centre Women's Hostel	<ul style="list-style-type: none"> • Emergency shelter • Informal Counseling • Case management and referral 	86 Lombard St. 416-368-2642	www.fredvictor.org	<ul style="list-style-type: none"> • Welcoming to Trans Women

* Trans-specific program

Links to LGBTQ+ Resources

Type of Resource	Name	Affiliated Organization	Website	Other Information
Training Toolkits/Manuals	LGBT Toolkit – For Creating Culturally Competent Care for Lesbian, Gay, Bisexual and Transgender Persons	City of Toronto: Long Term Care Homes and Services	http://www.toronto.ca/ltc/lgbt_toolkit.htm	Refer to Appendix K (on page 96 of tool kit) for 'Training Resources-Educational LGBT Videos'
	Rainbow Health Educational Toolkit	Rainbow Health Network	http://www.rainbowhealthnetwork.ca/	
	Variety of Resources on 'Educational Resources'	Canadian Rainbow Health Coalition (CRHC)	Main Website: http://www.rainbowhealth.ca/english/index.html 'Educational Resources' Website: http://www.toronto.ca/ltc/lgbt_toolkit.htm	
LGBTQ+ Campaigns	Outlive Homophobia Campaign	Canadian Rainbow Health Coalition (CRHC)	http://rainbowhealth.ca/outlive/	